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# RAMADAN & EID

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By Imran Kotwal

# Q. WHAT IS RAMADAN?



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Ramadan is the name of the 9<sup>th</sup> month of the Islamic calendar.

Ramadan is the most important month for Muslims.



# Q. WHEN WILL RAMADAN START IN THE UK?

Ramadan starts when the new moon for Ramadan can be seen.

So we don't know the exact date, but it is going to be around 23/24 April 2020



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## Q. WHAT DO MUSLIMS DO IN RAMADAN?

Muslims must **fast** (not eat or drink anything including water) during the hours of daylight (dawn to sunset) every day for the whole month of Ramadan.



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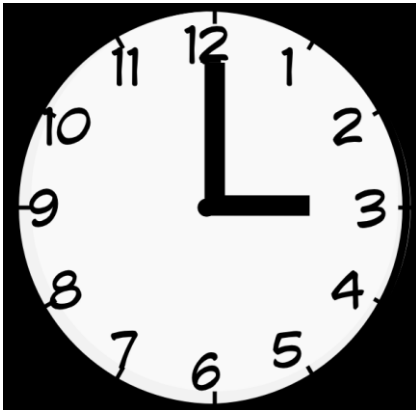
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**Q. WHEN DOES THE FAST START & FINISH EACH DAY?**

**A. FASTING STARTS WITH A PRE-DAWN MEAL (SUHOOR) AND ENDS WITH A SUNSET MEAL (IFTAR).**

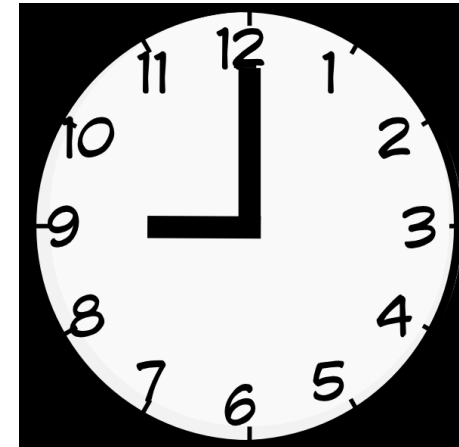
**SUHOOR**

**START: 3.00 AM**



**IFTAR**

**END 9.00 PM**



**THAT IS 18 HOURS ! WITHOUT FOOD OR WATER EVERYDAY!**





**Q. DOES EVERY MUSLIM HAVE TO FAST?**

**A. NO!!!**

**The following do not need to fast:**

- ❖ **Children**
- ❖ **Anyone that is poorly during Ramadan**
- ❖ **People with a serious medical condition may not fast for the whole month of Ramadan**
- ❖ **Women who are pregnant or have recently given birth**
- ❖ **People travelling on a long journey**
- ❖ **The elderly may be too weak to fast**



## Q. WHAT IS THE MAIN REASON WHY MUSLIMS FAST?

2:183

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يَا أَيُّهَا الَّذِينَ ءَامَنُوا كُتِبَ عَلَيْكُمُ الصِّيَامُ كَمَا كُتِبَ عَلَى

الَّذِينَ مِن قَبْلِكُمْ لَعَلَّكُمْ تَتَّقُونَ ﴿١٨٣﴾

*Sahih International*

O you who have believed, decreed upon you is fasting as it was decreed upon those before you that you may become righteous -

# Q. HOW WILL ALLAH REWARD A MUSLIM FOR FASTING?

**Prophet Muhammad said**  
***“Whoever fasts in Ramadhan out of faith and in the hope of reward, his previous sins will be forgiven.”***



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# Q. HOW DOES FASTING MAKE YOU A BETTER MUSLIM?

A. BY NOT EATING & DRINKING, A MUSLIM LEARNS TO FOCUS ON GOD.



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Praying



Prayer Beads



Reading the Qur'an



Asking from Allah

# HOW DO MUSLIM REMEMBER ALLAH IN RAMADAN?



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# Q. ARE THERE ANY SPECIAL PRAYERS IN THE MOSQUE DURING RAMADAN

A. YES, THE **IMAM** (PRAYER LEADER) RECITES THE **QUR'AN** (MUSLIM HOLY BOOK) FROM MEMORY EACH NIGHT AFTER THE **ESHA** (NIGHT PRAYER).



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# Q. HOW ELSE DOES FASTING MAKE YOU A BETTER MUSLIM?

A. BY STAYING HUNGRY, MUSLIMS REMEMBER THE POOR AND GIVE LOTS OF CHARITY.



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## Q. WHAT IS IFTAR?

A. THIS IS A SPECIAL MEAL WHEN MUSLIM FAMILIES COME TOGETHER TO BREAK THEIR FAST AT SUNSET.



اللَّهُمَّ إِنِّي لَكَ صُومْتُ وَبِكَ آمَنْتُ [وَعَلَيْكَ  
تَوَكَّلْتُ] وَعَلَى رِزْقِكَ أَفْطَرْتُ

Allahumma inni laka sumtu, wa bika aamantu, [wa  
'alayka tawakkaltu], wa 'alaa riz-qi-ka af-tar-tu

Oh Allah! I fasted for You and I believe in You  
[and I put my Trust in You] and I break my fast  
with Your sustenance.

# **Q. WHY ARE DATES SO IMPORTANT DURING RAMADAN?**

**A. PROPHET MUHAMMAD TOLD MUSLIMS TO BREAK THEIR FAST WITH DATES. IT'S A REALLY HEALTHY WAY TO START THE MEAL AS DATES ARE VERY SWEET AND PROVIDE LOTS OF ENERGY.**



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# **Q. WHY ARE THE LAST 10 DAYS OF RAMADAN SO IMPORTANT?**

**A. LAYLAT-AL-QADR / THE NIGHT OF POWER TAKES PLACE DURING THE ODD NIGHTS OF THE LAST 10 NIGHTS OF RAMADAN, SO 21<sup>ST</sup>, 23<sup>RD</sup>, 25<sup>TH</sup>, 27<sup>TH</sup> AND 29<sup>TH</sup> - NO BODY EXCEPT ALLAH KNOWS WHEN THE NIGHT OF POWER IS!**

*Indeed, We sent the Qur'an down during the Night of power.*

*And what can make you know what is the Night of power?*

*The Night of power is better than a thousand months.*

*The angels and the Spirit descend therein by permission of their Lord for every matter.*

*Peace it is until the emergence of dawn.*





**Q. WHAT IS NIGHT OF POWER?**

**A. THE QUR'AN TELLS US ABOUT THE NIGHT OF POWER:**

*Indeed, We sent the Qur'an down during the Night of power.*

*And what can make you know what is the Night of power?*

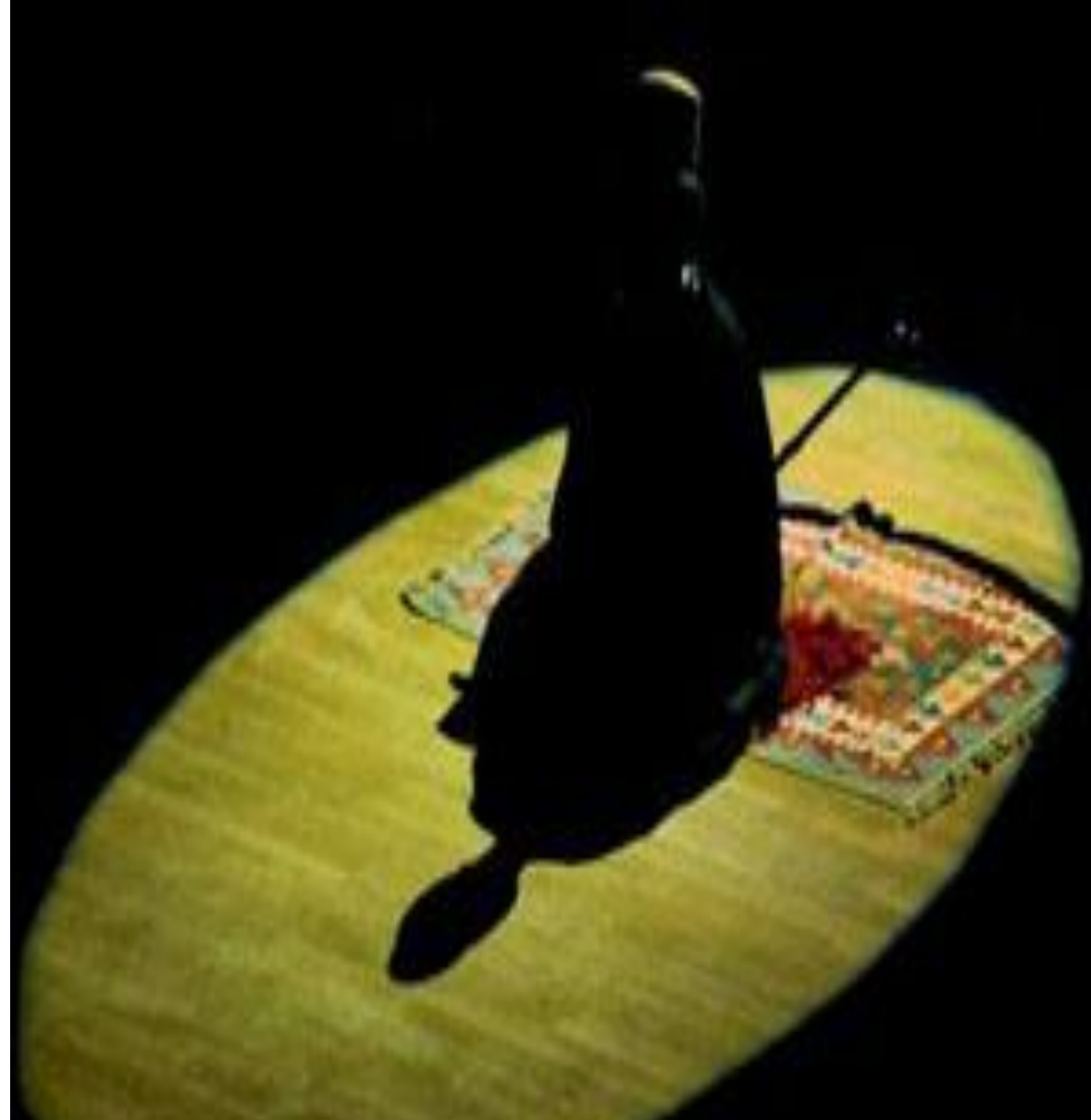
***The Night of power is better than a thousand months.***

*The angels and the Spirit descend therein by permission of their Lord for every matter.*

*Peace it is until the emergence of dawn.*

## **Q. WHAT IS I'TIKAF?**

- ❖ **This is when some Muslim men stay at the Mosque for the last 10 days of Ramadan.**
- ❖ **This helps them to be alone and give all their time to God.**
- ❖ **They eat, sleep and wash at the Mosque for 10 days.**



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# RAMADAN MOON SONG ACTIVITY

**Listen to this song and write down all the Arabic words you can hear - switch subtitles on to help you**

<https://www.youtube.com/watch?v=fm7DrLOc9U4>



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**Shawwal**  
**Eid Mubarak**  
**Inshallah**  
**Muslim**  
**Imam**  
**Eid**

**Qur'an**  
**Siyyam**  
**Itikaf**  
**Esha**  
**As-salamu-**  
**alaykum**  
**Ramadan**

These are the Arabic words from the song – use these key words and match them to the definitions on your Ramadan and Eid worksheet.





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**EID  
(MUSLIM FESTIVAL)  
AFTER RAMADAN**

**DATE: 1<sup>ST</sup> OF  
SHAWWAL**







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**PREPARING FOR EID...**

MUSLIMS HAVE A  
BATH / SHOWER  
ON EID MORNING!

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MUSLIMS MAY EAT  
DATES BEFORE  
GOING TO THE  
MOSQUE!

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MUSLIMS WILL GO TO THE MOSQUE IN THE  
MORNING FOR THE EID PRAYER



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MUSLIM WILL GIVE MONEY TO THE POOR BEFORE  
THE EID PRAYER



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MUSLIMS MUST  
WEAR THEIR NEW  
OR BEST CLOTHES  
ON EID.

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EID IS CELEBRATED WITH THE WHOLE FAMILY

# MUSLIMS SHARE PRESENTS WITH FAMILY AND FRIENDS ON EID

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MUSLIMS COOK  
LOTS OF NICE  
FOOD ON EID.

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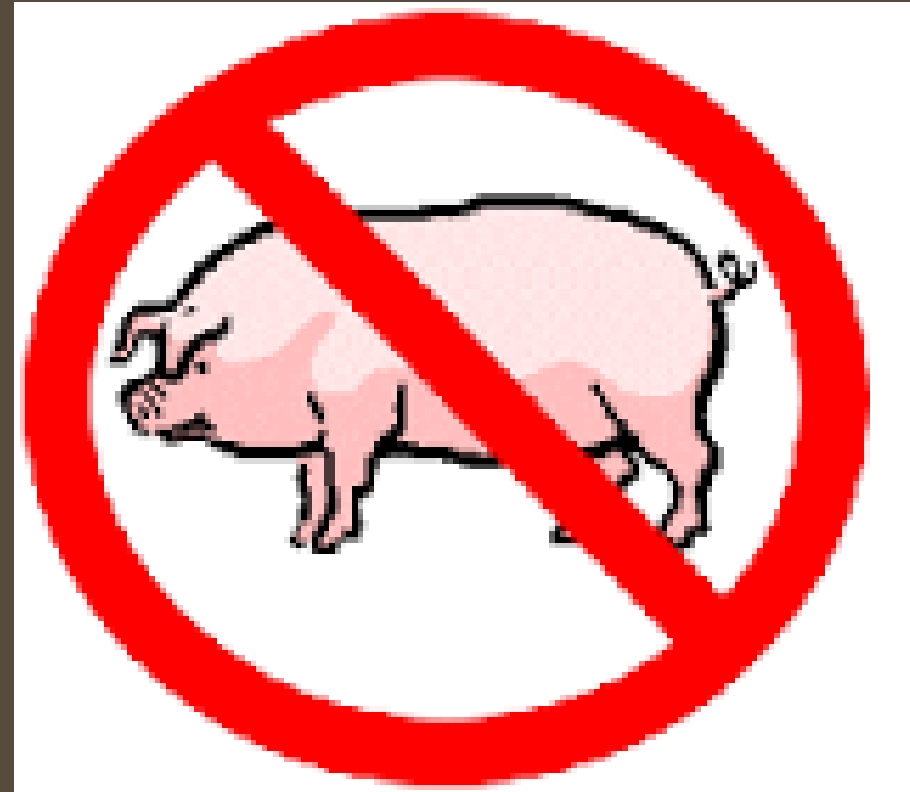
# EID IS A MUSLIM FESTIVAL / CELEBRATION

❖ Muslims can eat most of the food that other people eat as long as it is Halal



# EID IS A MUSLIM FESTIVAL / CELEBRATION

❖ Muslims can't eat PORK!





# EID IS A MUSLIM FESTIVAL / CELEBRATION

❖ Muslims can't drink alcohol



# EID IS A MUSLIM FESTIVAL / CELEBRATION

- ❖ Muslims must eat Halal food.
- ❖ Some sweets are not Halal 😞



Eid Mubarak !



MUSLIMS GREET EACH OTHER WITH EID MUBARAK!  
HAPPY EID!



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عيد مبارك

Eid Mubarak

Happy Eid.



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